



Summer 2016

UPWARD WING

NEWS & EVENTS UPDATE

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SERVING ALL OF NORTHERN OHIO

A Call to Action for the *Willing*

The term *willingness* perfectly characterizes our thought today. This attitude developed gradually as we transitioned over the past seven years from Overlook House, an in-patient Christian Science nursing facility, to the visiting service named Upward Wing.

Willingness

- 1 : inclined or favorably disposed in mind
- 2 : prompt to act or respond
- 3 : done, borne, or accepted by choice or without reluctance

Miriam Webster's Dictionary

As our understanding of the Church Manual provision¹ authorizing Christian Science nursing grew, the Overlook House corporate structure and our practice of Christian Science nursing necessarily changed. We have come to learn that there is no destination to this journey, only continued unfoldment. Now *willingness* has become our way of life. Following Mrs. Eddy's counsel, we strive to "be sure that God directs (our) way; then, hasten to follow under every circumstance."²

So diving deeper into this word, consider Definition 1. It indicates that *willingness* is a quality of mind. To illustrate, consider the decision by members of your church to contribute money to a Christian Science organization. A majority vote would not necessarily mean that you were a *willing* supporter of it. True *willingness* requires individual choice.

Definition 2 adds a second dimension - prompt action. Think of the individual's acceptance of the majority decision described above as a

seed. We do not enjoy the fruit of a seed until it develops into activity. In other words, we must put our *willingness* into practice by doing something ourselves.

Definition 3 adds the final condition, that we are to undertake our individual actions without reluctance. This suggests that we complete our tasks with joy, eagerness and the expectation of an outcome that will bless not just one, but all.

This discussion is relevant, not just for Overlook House, but for every Christian Science organization that we deem worthy of our support. For too long there has been a tendency to "set it, then forget it."

We have come to learn that a successful organization does not stay in one place too long. It continues to evolve. Successful organizations bring new ideas to the forefront regularly. They refresh by re-engaging *willing* supporters at regular intervals. True *willingness* requires each individual to carry a share of the mission by taking some form of prompt action. Finally, instead of addressing continuing dialogue with a sense of burden, the *willing* individual deports themselves as Mrs. Eddy advises. "The nurse should be cheerful, orderly, patient, full of faith, -- receptive to Truth and Love."³

In coming months Overlook House is going to address the Christian Science field with some significant change recommendations that may include:

- Licensing our back-office software to other visiting Christian Science nursing services so that they can reduce the amount of money they spend on administration and devote more of their funds to patient services.

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Overlook House Board of Trustees:

Jon Ferrell
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Gayle Weber
Vice Chairman

Barbara Warsinskey
Secretary

Julianne Wright
Treasurer

Linda Campana
Trustee

Arleen Gardner
Trustee

Kathy Victor
Trustee

Kimberly Thorndike,
Director of Christian Science Nursing (DCSN)

Vanessa Staskus
Business Manager & Ex-Officio Member

The mission of *Upward Wing Visiting Christian Science Nursing* is **service** - to compassionately encourage and nurture those relying solely on Christian Science for healing, to provide excellence in skilled Christian Science nursing care, and to bear witness to the Christ in action, meeting the human need.



The mission of *Overlook House* is **support** - to provide metaphysical, financial, and physical resources necessary for Upward Wing Christian Science Nurses to provide home-based Christian Science nursing care in Northern Ohio at no charge to patients.

Volunteer Appreciation Gathering at Sweet Moses Soda Fountain



Anita Lange, Field Training & Volunteer Coordinator



Janet Kopp, Upward Wing Christian Science Nurse, and Jim Kopp, Upward Wing Volunteer



Left to Right: Barbara Shaeffer, Upward Wing Volunteer and Kathy Victor, Upward Wing Volunteer and Board Member

A Call to Action for the *Willing*

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- Expanding of our geographic service area through affiliation or merger with other visiting Christian Science nursing services under our financial model of economic self-sufficiency. This may prevent services in those locations from closing.
- Relocating our present undersized and hard-to-access inventory and storage space from a month-to-month lease in the Alcazar building, to a new central location that we might build, purchase, or lease.
- Expanding upon the idea above, potentially constructing a dual purpose building that could also become a small in-patient facility. It would be limited to no more than two beds. The intent would be to meet 24-hour care needs locally for periods of seven days or less.

We are very *willing* and eager to receive your feedback. Please visit our website at www.upwardwing.org. At the Home page, click on the "Take our Survey" link to share your comments about the initiatives we describe above. We will inform you in our next newsletter of the next steps we are guided to take.

There is no difference between you and members of the Overlook House Board of Trustees, Upward Wing's *Journal*-Listed Christian Science Nurses & Volunteers, and our Business Manager. Each has stepped forward to bring his/her own "widow's mite" to this effort.⁴ Please join us by taking our survey today. For as we read in Matthew, "where two or three are gathered together in my name, there am I in the midst of them."⁵

Sincerely,
For the Board of Trustees


Jon Ferrell
Chairman

Footnotes

- | | | |
|------------------|-----------------|-----------------|
| 1 Man. 49:7-13 | 3 SH. 395:18-20 | 5 Matthew 18:20 |
| 2 Mis. 117:31-32 | 4 Mark 12:44 | |

Giving to Upward Wing

Donate online – It's easy! Visit our website (www.upwardwing.org) and click on "Support Us" in the navigation bar at the top of the page. Then select "Contributions" from the dropdown. This will take you to the Contributions page where you can click on the "Donate" button to make your secure payment.

Mail a check made out to:
Overlook House, PO Box 161070, Rocky River, OH 44116

General Fund – Contributions to this unrestricted fund are vital at this time as this fund covers our highest fiscal priorities. General Fund donations are essential to maintain our day-to-day operations and meet special needs as they arise.

Benevolence Fund – Contributions to this restricted fund are designated to direct patient care. The Overlook House Benevolence Fund is maintained within the Overlook House Endowment Fund. Therefore, this fund aids the Endowment Fund's growth and perpetuity.

Enlarging Thy Tent: 2016 Field Training

by Anita Lange, Field Training
& Volunteer Coordinator

Enlarge the place of thy tent, and let them stretch forth the curtains of thine habitations: spare not, lengthen thy cords, and strengthen thy stakes; For thou shalt break forth on the right hand and on the left; and thy seed shall inherit the Gentiles, and make the desolate cities to be inhabited. Isa 54:2-3

Care Committee Workshop

Members of Christian Science churches in northern Ohio may have noticed a visitor to their services this summer. The Christian Science nurses of Upward Wing are “enlarging their tents” by embarking on a mission to re-introduce themselves, and the services of Upward Wing, to all Christian Scientists in our service area. We are happy to meet the Care Committee chairmen, as well as other members, of every church. This fall we are planning to meet again at a workshop for Care Committees, as well as other interested church members. The details of this workshop will be sent to Care Committees this summer.

Home Helper Class

Christian Scientists in Ohio and in nearby states have an opportunity to “enlarge their tents” by inviting up to six Scientists to attend a Home Helper Class. The Christian Science nurses of Upward Wing conducted several of these classes last year at sites throughout Greater Cleveland and we look forward to expanding our reach even more.

The Home Helper Class is a 10-hour, 2-day class, hosted at a private home. It is designed to enable the student to assist someone living at home with his or her daily needs while supporting Christian Science healing. The story of the Good Samaritan is our guidepost. A former participant in the class succinctly summed up the class when asked what she liked best about the sessions. “The metaphysics, because it takes away the fear that comes with trying to fix or help matter. What freedom when humbly remembering God is there, and there is no mortal problem.”

Please call Upward Wing if you wish to host a Home Helper Class in your town.

The Board of Upward Wing participates in annual continuing education in Christian Science nursing. Each year the Christian Science nurses of Upward Wing lead a

session at one of the board meetings to familiarize the trustees about an aspect of Christian Science nursing. This year the board is “enlarging the place of their tent” by learning more about the Christian Science nurse’s skill of cleansing and bandaging, as well as the metaphysical basis for this care.

Upward Wing strives to remove all “uninhabitable desolate cities.” We yearn to have every Christian Scientist know about Upward Wing Visiting Christian Science Nursing, and hope every Christian Scientist will call on us when the need arises. We are always available to come and talk to your church about Christian Science nursing.

Please call Upward Wing if you would like us to speak to your members or for information about becoming an Upward Wing Volunteer. 1-855-276-4968



Additional giving options include:

- A corporate matching gift can double, even triple, your gift to Upward Wing. If you or your spouse works for a company that offers matching gifts, you can obtain a matching gift form from your company’s personnel office. Some companies match gifts by retirees and/or spouses. Fill in the pertinent details and mail the form to Overlook House – we will take it from there.
- Shop at smile.amazon.com. Choose “Overlook House” as your charity. Amazon donates 0.5% of the price of every eligible

AmazonSmile purchase to Overlook House for the support and operations of Upward Wing.

- A bequest of personal property or funds through the provision of your will or estate plan.

If you would like to discuss any of these options, please feel free to contact:

Vanessa Staskus, Business Manager,
Overlook House, Inc. & Upward Wing, LLC
(216) 795-3550, vstaskus@upwardwing.org

Home Helper Available for Christian Scientists



Barbara Warsinskey of Lakewood, Ohio offers Home Helper services to

Christian Scientists in the Cleveland area. She has been trained as a Home Helper by Upward Wing. Working independently, she will provide practical assistance in the home, while supporting the healing activity of Christian Science.

**Please call Barb at
216-409-4042
to explore how
she might help you.**



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www.upwardwing.org

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Prayerful Thoughts on *Willingness*

by Gayle Weber, CS, Overlook House Vice Chairman

What is willingness? It is a quality of both heart and attitude. This being true, it is imperative that we know where we are putting our heart and with what we are aligning our attitude.

Jesus spoke plainly when he said, "where your treasure is, there will your heart be also" (Matt. 6: 21).

What is our treasure? What is it that we love more than anything? If we are following Jesus' example, we are loving God, and trusting in God in all ways and all things and all events.

Regardless of the severity of the challenges, wrongs, and injustices that Jesus encountered, he, with humble consecration, always turned to his Father, God. Consider his great statement, spoken in the face of severe threat and apparent danger, "not my will, but thine, be done" (Luke 22:42). He could not love God without completely trusting in God's illimitable law of intelligence and good.

Can we take a similar stand? Do we love God enough to yield all human thought, ambition, control, motive, and desire, to God's directing? This surely must be our daily goal.

We cannot love God without trusting in God. Therefore, looking to human reasoning or human experience, manipulating or planning based on mortal sense, steals away our love for God and trust in His infinite law of Principle. Trusting matter or material sense will never

reveal spiritual identity and God's presence. But trusting God to lead and protect His work, and His lambs in every engagement, does reveal our at-one-ness with Him, the One who is divine Love.

Do we begin each morning with Jesus' perspective, "Not my will, but Thine, be done this day?" In every encounter and work we can ever be doing, God's law of divine good is greater than any sense of human intelligence or management. As we move about our lives our love for God should be great enough to yield every ounce of human intelligence or control of events to Love's boundless embrace. As we, with open hearts, embrace our high treasure, God's law of good will overflow to all His cherished ideas, God's law of good will bless and benefit every individual and every activity or work in which we are engaged.

As we love God enough to trust the leading of divine Principle, no mishap or misdirection can possibly deter the outpouring of good in every heart. Our willingness to listen and follow Love's guiding and directing will prove again the Scriptural promise, "prove me now herewith, saith the Lord of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it" (Mal. 3:10).

Visit our Blog:

<http://www.upwardwing.org/sharingcorner>
for more articles that inform and inspire.



"...they willingly received him into the ship: and immediately the ship was at the land whither they went."

John 6:21

Open Hearts and Willing Hands: Joining Us This Year

Christian Science Hymnal 58:2



Kathy Victor

Kathy Victor grew up in Ohio and lived on the eastern seaboard for many years. After pursuing a

career in computer analysis and design in the Washington and Boston areas, she returned home and currently serves as Board President of First Church, Chagrin Falls.

In her free time she loves hiking with her dog, riding her bike, and volunteering, including serving as an Upward Wing Volunteer.

Christian Science nursing has always been close to Kathy's heart. Several generations of her family have been blessed by the care of Overlook House and Upward Wing. Last, but not least, Kathy's mom, Ginny, served on the Overlook House Board, so Kathy feels right at home!



Linda Campana

Linda Campana is a life-long Christian Scientist. She has served on the Board of First Church of Christ Scientist,

Chagrin Falls, Ohio, and as Superintendent in its Sunday School.

Linda has enjoyed a full-time career in real estate. She has two daughters, and two grandchildren.

Her first experience with Christian Science nursing was when her husband Bill injured both hands while breaking up a fight between two dogs. They immediately called Overlook House and its Christian Science nurses answered with "practical competence, loving support, and confidence in the Truth."

Linda is "pleased to be joining the Board of Overlook House to further its good work."



Julianne Wright

Julianne Wright is a 4th generation Christian Scientist and 3rd generation Overlook House board member.

"My family gave me a firm foundation in Christian Science dedicated to serving others." She is an active member of First Church, Medina, Ohio.

Julianne and her mother took a class together at Tenacre called 'The Christian Science Nurse Within You.' "It added fresh insight on how to bring the activity of Christian Science nursing into our daily lives. My mom has since become a Christian Science nurse and I continue to learn more about Christian Science nursing through her experiences."

When offered the opportunity to serve on the Board of Overlook House Julianne gladly accepted. "I look forward to working with our Christian Science nurses, supporting them in their work, to meet the field's needs in new and sustainable ways."

Can You Afford Christian Science Nursing? Continuing the Discussion...

By Kimberly Thorndike, Upward Wing DCSN

For the past several years, the cost of health care has been a national concern and the prayers of Christian Scientists have certainly been active! During this time, we have become more aware of our individual responsibility for making the necessary provisions for caring for ourselves. There have been workshops regarding Medicare, Insurance, and Advance Directives sponsored by Christian Science Nursing organizations across the country, where important information has been shared that is helping us to navigate through the many choices and decisions. It's so important that we remember that spiritual healing through Christian Science is for the world. In a recent article by Robin Hoagland titled "The Vastness of Christian Science" (July 2016 *Christian Science Journal*) we are reminded that:

Based on the success of her own practice and that of her students, Mary Baker Eddy proved Christian Science is able to address the spectrum of health-care needs. She affirms: "There are various methods of treating disease, which are not included in the commonly accepted systems; but there is only one which should be presented to the whole world, and that is the Christian Science which Jesus preached and practised and left to us as his rich legacy" (*Science and Health*, p. 344).

Our work to protect our practice of relying on Christian Science treatment for healing blesses us in countless ways and it also helps to ensure its availability for everyone.

Hopefully many of you have read "Janiva's blog" in the July 2016 e-newsletter from Chestnut Hill Benevolent Association. If not, here is the link: <http://www.chbenevolent.org/blog/cs-nursing/can-you-afford-christian-science-nursing>. In this post, Janiva Toler, the Executive Director of Chestnut Hill, shares the results of her recent search into "the costs and the options

for paying for Christian Science nursing."

Another recent article of note appeared in Glenmont's Spring Newsletter 2016. In the Administrator's Report titled "The Ethics for Utilizing Donor Funds," Lydia Manfreda discusses how Glenmont uses contributions to help make Christian Science nursing available to all who call upon them for aid. You can read her report at: <http://www.glenmontcsn.com/wp-content/uploads/2016/04/Glenmont-Spring-NL-04-2016.pdf>.

Both of these articles are well worth your time to read and should help to answer any lingering questions you may have. Even though Upward Wing does not charge for its services, we are just one way through which Christian Science nursing care is delivered. If you do not have access to a computer at home or at your local Reading Room, please feel free to call Upward Wing and we will be happy to have one of our Christian Science nurses or volunteers read them to you.

As always, we lovingly await your call.

UPWARD WING

NEWS & EVENTS
UPDATE



OVERLOOK HOUSE
INCORPORATED

P.O. Box 161070 | Rocky River, OH 44116



Summer 2016

SAVE THE DATE

Overlook House Annual Meeting

*"Open hearts and
willing hands"*

Saturday, November 5, 2016



Visit our website at

www.upwardwing.org



P.O. Box 161070,
Rocky River, OH 44116



C.S. Nursing Service:

1-855-CSN-4YOU (276-4968)

Business Office:

(216) 795-3550

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**"Willingness springs from the active acknowledgement
of the unerring operation of God's law."**

L. Ivimy Gwalter, *Christian Science Sentinel*, June 7, 1947