



UPWARD WING • Newsletter July 2014

VISITING CHRISTIAN SCIENCE NURSING

OPERATING UNDER THE AUTHORITY OF ARTICLE VIII, SECTION 31 OF THE MANUAL OF THE MOTHER CHURCH BY MARY BAKER EDDY

Serving All of Northern Ohio

Inside this Issue

Every Good Thought and Deed

by Jon Ferrell

My Cup Runneth Over: Sustainability and Christian Science Nursing

by Vanessa Staskus

Testimonial: The Calm and Exalted Thought

Good News!

by Kimberly Thorndike

TMC Annual Meeting: A Precious Discussion

A Volunteer Shares Her Experience

Thank You

A Christian Scientist

by Gayle Weber, CS

Celebrate July Fourth and Our Religious Freedom

by Anita Lange

Every Good Thought and Deed

S&H 19:18

Friends, in this issue you will read of ways that the Christian Science community is actively contributing to healing world thought through the practical application of this Science, which is beautifully demonstrated through the expression of Christian Science nursing. This is seen in the work of Upward Wing, supported by our

volunteers and our field's reciprocation.

My fellow Trustees and I thank you for the many generous ways you support Upward Wing!

Jon Ferrell, President, Overlook House



My Cup Runneth Over: Sustainability and Christian Science Nursing

By Vanessa Staskus, Business Manager

As Christian Scientists we acknowledge "sustainability" whenever we say the Lord's Prayer, recognizing that God, Spirit, is meeting and will continue to meet man's needs.

Sustainability has become the focus of environmentalists as well as business. Groups with historically opposing interests are coming together to resist the earthly picture of limited resources, demonstrating a breakthrough in world thought, going beyond material sustenance to spiritual flourishing.

Traditional ideas of sustainability are shifting to encounters of full-spectrum flourishing – individuals and organizations employing mindful management practices and fostering spiritual well being, driving bold thinking, creative problem solving, and profitability to benefit all.

Dr. David Cooperrider of CWRU's Weatherhead School of Management works to elevate student thought by using tools for the discernment of the good and true, bringing those qualities into experience. At a recent seminar colleague Chris Laszlo said, "People who feel a greater sense of

self, others, and the world will care for future generations."

Through prayer we support and guide this world effort toward Christ healing. Mrs. Eddy instructs: "The facts of divine Science should be admitted..." and "At all times and under all circumstances overcome evil with good. Know thyself, and God will supply the wisdom and occasion for victory over evil." *Journal* contributor Jeffrey Hildner calls the view of the Good and True "Soul Sight," seeing man as God's idea.

At 2014's AOCSN conference Sharon Hansen, Board President of Minnesota's Beacon Haven facility, shared that Jesus' view of man "bore witness to Truth and its life-sustaining quality" when he lifted the lie of impotence off the man at the pool.

Upward Wing's mission statement is in part "to bear witness to the Christ in action, meeting the human need." Caroleen Scholet, Manager of Christian Science Nursing Activities at The Mother Church, describes the Christian Science nurse's role as witness when she says, "It's about loving and living Christian Science to the degree that your neighbor feels and experiences it in a very real way."

Mrs. Eddy tells us the extent to which we "hold thought steadfastly to the enduring, the good, and the true" determines the level at which we experience those qualities. With this understanding we see the 23rd Psalm's expressions of restoration, abundance, and life harmonious and eternal as Spirit's ideas flourishing, and in this we fully appreciate the psalmist's declaration, "My cup runneth over."

Read the unabridged article with citations at upwardwing.org/sharingcorner/spiritualperspective





Testimonial: The Calm and Exalted Thought

"I was having a struggle. As I retired for the night I felt I needed to have something more to eat, but couldn't seem to consider the trip to the kitchen. I wondered what I would do if I felt the same way in the morning and couldn't get myself breakfast. I didn't want to involve my family. I put the Upward Wing business card in my nightstand drawer, knowing you were just a phone call away. I awoke in the night, was able to have a little bit of food, and in the morning I was completely free. What peace it gave me to know that had I needed help, one of the nurses would have come and let herself in through my garage. It gave me such peace of mind and allowed my thought to move on to healing."

Overlook House Annual Meeting 2014

Date: Saturday, November 8th

Time: 11:00 AM to 1:30 PM

Location: Lockkeepers Restaurant, 8001 Rockside Rd., Valley View, OH 44125

Keynote Address: Lesley Pitts, *President and CEO of the MBE Library*, will speak on the history of Christian Science nursing and Ohio's contribution.

Includes Complimentary Luncheon

TMC Annual Meeting A Precious Discussion

Linda Kohler, President of The Mother Church for the coming year, has a deep background in Christian Science nursing. *Journal*-listed Christian Science nurse for 30 years, and previous Manager of Christian Science Nursing Activities at The Mother Church are among her credentials.



In 2010 during Upward Wing's formation, the Overlook House Board met with Linda to discuss Christian Science

Good News!

From Kimberly Thorndike,
Director of Christian Science Nursing

It is a pleasure to announce that Anita Lange has accepted the position as *Volunteer and Training Coordinator* for Upward Wing. Anita brings many years of experience in the field of education, both from the public school setting and her years as Director of Christian Science Nursing Education at Overlook House. We are grateful to have her serving in this capacity - her innate love for others shines through all she does.

This love was especially evidenced at a recent workshop for the Sunday school students at the Elyria church. Anita centered our presentation on the parable of the Good Samaritan, focusing on the steps that the Samaritan took to supply the needed physical care to the individual and the metaphysical basis of how these steps correlate to the work of the Christian Science nurse. It was a wonderful opportunity for all three of us to attend their Sunday church service, enjoy a pizza luncheon, and then to share what is so near and dear to our hearts.

Jesus provided the parable of the Good Samaritan in response to the question, "Who is my neighbor?" It is from

nursing accreditation standards.

During the Annual Meeting broadcast this June Linda spoke with Lynn Scheiern, *Journal*-listed Christian Science nurse and nurse educator. (In 2012 Lynn presented Upward Wing's Infant and Childcare Workshop, following her 4-day instruction to the Upward Wing Christian Science nurses.)

Linda and Lynn discussed the importance of prayer for the Christian Science nurse, including discernment and listening, and how Jesus discerned his patients' needs through listening to God.

Linda spoke of how the patient, practitioner, and Christian Science nurse when working together have a strength like



First Church of Christ, Scientist, Elyria
Photo courtesy: OZinOH <https://www.flickr.com/photos/75905404@N00/3569903882/in/set-72157627198748643>

pondering this question and asking ourselves how we may better love, cherish, and support one another that we were led to develop our new volunteer program. We are most grateful for all of our volunteers.

Mrs. Eddy reminds us: "*Great charity and humility is necessary in this work of healing. The loving patience of Jesus, we must strive to emulate. 'Thou shalt love thy neighbor as thyself' has daily to be exemplified...*" (Mis. 7: 7-10).

We invite you to join us in this joy-filled work. Please call today to schedule a church, Sunday school, or home-helper workshop, or to join our ranks as a volunteer. We look forward to hearing from you!

the triple-braided chord in Ecclesiastes 4:12. They pointed out that the Christian Science nurse can be called when her skills are required, or when someone has the need for a spiritual witness to be present with them in the Truth.

Their conversation culminated in Linda's sharing, "We are all nurses on some level." Lynn explained this idea as, "We all reflect the qualities of God and are able to express them. We all have that ability to nurse. We all have that ability to nurture."

The Annual Meeting's rebroadcast, including Linda's full discussion with Christian Science nurses Lynn Scheiern and Ute Keller, is available at: www.christianscience.com



A Volunteer Shares Her Experience

Vanessa Staskus recently sat down with Barbara Warsinskey, a member of First Church, Rocky River, Ohio to discuss the Upward Wing Volunteer Program.

Vanessa: Barb, you've been a volunteer for Upward Wing since the beginning of this year. Tell me, why do you want to be a part of the Christian Science nursing ministry?

Barbara: To me, it's another avenue to express Christian Science thought with people who are receptive to it. Before I learned of Christian Science I had considered going into medical nursing as a career, but God had other plans for me and I found myself enjoying my work as a teacher for many years. Now I tutor students one-on-one and find the personal contact with each of them to be very satisfying. Though I am not technically "nursing," I do have the pleasure of reading with individuals as a volunteer through Upward Wing and I find that one-on-one relationship with each of them to be very inspiring.

Vanessa: Do you think you have an advantage over someone who might be interested in

participating in the program, but doesn't have your teaching and tutoring background?

Barbara: Not at all. I believe everyone wants and needs to feel that they are doing something with their lives that is a benefit to others and to the world, that they can let their light shine wherever they are. I don't see anyone as being less capable than me since we are all working toward the same goal in Science. It's a very uplifting experience.

Vanessa: What you're saying reminds me of what Mrs. Eddy wrote about climbing higher in humility.

Barbara: Yes, particularly with the patients, working with them is a humbling experience. I know that I am not going in to "teach" them. In fact I am learning from them. We each bring our own insights to the Bible Lesson sections.

Vanessa: Can you describe your experience as an Upward Wing Volunteer?

Barbara: When I first began volunteering, even though I had received a training and orientation session with one of the Christian Science nurses, I was a bit timid about it,

not knowing exactly what I was getting into. I was somewhat concerned about the driving distance, the gas and so on. I wasn't sure if I would really be making a difference in these people's lives. However, once I met them, I quickly witnessed how truly grateful they were for the company and the time we shared reading the Bible Lessons. I also realized that, not only was I making a difference in their lives, but that they had so very much to give to me.



Vanessa: An example of "whatever blesses one blesses all" from *Science and Health*.

Barbara: That's it exactly! The stories of their lives, the paths that led them to Christian Science, as well as the insights and thoughts they have each week are so special and actually so amazing to me that I can't help but be grateful for the opportunity they have given me to be a part of their lives. As I tell them sincerely when I am leaving, "You have made my day!"

Thank You

to all our service-area branch churches who have invited the Upward Wing Christian Science nurses to talk to their memberships, care committees, usher committees and Sunday school students:

- First Church, Chagrin Falls
- First Church, Cleveland
- First Church, Elyria
- First Church, Rocky River
- First Church, Willoughby
- First Church, Youngstown

Thank you for your hospitality and ideas!

To schedule Upward Wing to visit your branch church to introduce its service or for training call 1-855-276-4968

A Christian Scientist

By Gayle Weber, CS, Board Member

I have recently been giving thought to what it truly means to BE a Christian Scientist. The answer is more than going to church, more than 'reading' the daily Bible Lesson. What do we actually imbibe from the divine truths we read and hear? And exactly WHERE do we imbibe and live them?

Mary Baker Eddy's words in *Science and Health* are the key: "A Christian Scientist occupies the place at this period of which Jesus spoke to his disciples, 'Ye are the salt of the earth. Ye are the light of the world. A city that is set on a hill cannot be hid.'" Let's think about how we live this 'saltiness' and be this 'light'.

The essence and make up of our thoughts and desires are what determine our 'saltiness' and 'light'.

A gift from Jesus' teachings is the Sixth Beatitude.

"Blessed are the pure in heart, for they shall see God." Does this not refer to our very

deepest thoughts and desires?

Mrs. Eddy writes: "Nothing aside from the spiritualization – yea, the highest Christianization – of thought and desire, can give the true perception of God and divine Science, that results in health, happiness, and holiness."

We need not 'short-change' ourselves by overlooking these words, that this living of genuine spiritualization, the highest Christianization of thought and desire, brings us rich results.

It is clear that being a Christian Scientist means living with the highest Christianization of thought and desire.

No thought can slip by without notice and no desire of the heart can be irrelevant. Making every thought and desire the purest expression of the infinite good is how we truly begin to "see God." Spiritualized thought is what it means to live the highest Christianity, to truly BE a Christian Scientist.

Citations at upwardwing.org/sharingcorner/prayerfulthoughts

Upcoming Event

Sat., August 2

Preparing Advance Directives

Cleve. Hts. Library, 2345 Lee Rd.

9:30 AM: Continental Breakfast

10:00 AM: Speaker Rachael

Kabb-Effron from Kabb Law Firm

Reservations Required by 7/28

upwardwing.org/registration

Jill at (216) 509-1014



Celebrate July Fourth and Our Religious Freedom

Advance Health Care Directives

By Anita Lange, *Volunteer and Training Coordinator*

The First Amendment to the United States Constitution says: "Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof, ..."

Mary Baker Eddy established Christian Science in the United States, and Christian Scientists may freely exercise their beliefs.

Christian Scientists can ensure continued prayerful treatment for themselves even when a situation arises that may impede communicating this desire. "Advance Health Care Directives" allow a Christian Scientist to request care according to their beliefs. These are (1) a living will and (2) a health care

power of attorney.

A living will specifies one's wishes for care if unable to make decisions for oneself. A health care power of attorney is a legal form that allows an individual to empower another with decisions pertaining to his or her health care treatment. The health care power of attorney becomes active when a person is unable to make decisions or consciously communicate their intentions regarding health care.

Christian Scientists can be grateful for the religious freedom that the United States guarantees, and must act on that gratitude by having a living will and a health care power of attorney.



Posting Your Church Events

If your branch church located in Northern Ohio is hosting or sponsoring an event, we'd be happy to post it on the Upward Wing website's Events page.

Have your clerk or church representative contact us for more info: (216) 795-3550

Donate

Visit www.upwardwing.org/donate to make a secure online contribution or make your check payable to Overlook House and mail it to: P.O. Box 161070, Rocky River, OH 44116

For more information or to inquire about making an estate or planned gift, contact our Business Manager, Vanessa Staskus: (216) 795-3550 or vstaskus@upwardwing.org

Ways to Stay Connected

-  Check out our website at www.upwardwing.org
-  C.S. Nursing Service: **1-855-CSN-4YOU (276-4968)**
Business Office: **(216) 795-3550**
-  **P.O. Box 161070, Rocky River, OH 44116**
-  Give Online: upwardwing.org/donate
-  Signup for our e-newsletter: upwardwing.org/email
-  Register for Events: upwardwing.org/registration
-  Read our blog: upwardwing.org/sharingcorner

Volunteer

Help support the mission of Upward Wing by volunteering with its service!

E-mail us at info@upwardwing.org or call our business office at (216) 795-3550 to find out more about becoming a volunteer!